

# Revolutionizing Rehabilitation



## Recovery Made Safe and Comfortable

*The FDA-cleared AlterG Anti-Gravity Treadmill® is a state-of-the-art rehabilitation device for people of any age. Patients are safe and supported gently during use of the AlterG, decreasing the risk of falling and allowing rehabilitation to occur earlier in the recovery process. We're proud to offer our patients the opportunity to exercise without pain shortly after surgery or injury.*

**EXTENDICARE®**

*...helping people live better*

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## Defy Gravity

*The AlterG Anti-Gravity Treadmill® allows rehabilitation patients to defy gravity and work toward regaining function like never before. AlterG's unique differential air pressure technology provides safe and comfortable partial weight-bearing therapy while promoting normal gait patterns and restoring range of motion.*



*The AlterG is beneficial for:*

- *Rehabilitation following injury or surgery of the lower extremity (hip, knee, ankle or foot)*
- *Gait training in neurologic patients*
- *Strengthening and conditioning for older adults*
- *Rehabilitation after total joint replacement*
- *Aerobic conditioning with reduced impact*

*The world's best athletes and sports teams are using the AlterG to reduce the frequency of injuries, build fitness and recover more quickly. The AlterG is the only "unweighting" device that allows the person to rehabilitate at a reduced body weight, while maintaining normal running or walking mechanics. We're pleased to offer this new technology at our center as part of our rehabilitation program!*



*Therapy services at our center are provided by ProStep Rehabilitation, a division of Extendicare. Our rehab team has received special training from AlterG in the proper use of this unique equipment.*

*Call today for a tour of our center and a free demonstration of the AlterG Anti-Gravity Treadmill®.*

## Lake Country

HEALTH AND REHABILITATION CENTER

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