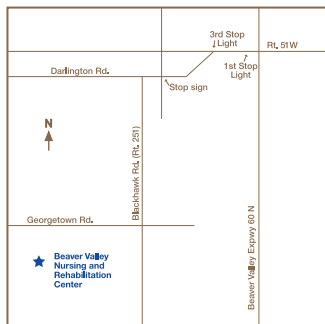


Testimonials:

- "My orthopedic surgeon recommended Extendicare for rehabilitation after my hip surgery. I am 78 years old and have always been very independent. I could not have chosen a better facility for rehabilitation. The physical therapy department is the best I've ever seen. The therapists are excellent and constantly reminded me of my goal to return home. Because of their commitment and dedication to my recovery, I am now home!" - Louise, joint replacement graduate
- "After having bilateral total knee replacements, our 51 year old patient required skilled therapies to progress his active range of motion and strength in the knees to become independent. In addition, he lives alone and needed assistance with activities of daily living. Through our physical and occupational therapy programs, he achieved his goals and was discharged after two weeks." - Stacy, occupational therapist
- "Our 79 year old patient had a total knee replacement. Prior to her hospital admission, she was very active and independent. After Joint Replacement Education, she achieved all her goals and returned home." - Karen, physical therapist



Beaver Valley

NURSING AND REHABILITATION CENTER

Beaver Valley Nursing and Rehabilitation Center
257 Georgetown Road
Beaver Falls, PA 15010
Phone: 724.846.8200
Fax: 724.847.2998

This center does not discriminate in access to or provision of services.

Providing Care

FROM OUR FAMILY TO YOURS

EXTENDICARE®

www.extendicare.com

Code #JOINTREPLAC-B_0415_1207



Plan Now
to Return to
an Active Life

Joint Replacement
Education

The Big Decision

The decision to undergo a joint replacement is never easy. You may have questions about how the procedure works, how it could help you, and what to expect before, during and after. You may be worried about how the procedure could impact the quality of your life, as well as your loved ones. And, getting these questions answered may seem overwhelming.

That's why we offer Joint Replacement Education based on your personal goals. Designed by a team of rehabilitation experts, we work to educate, prepare and assist you in making this choice. You can plan now to return to an active life.

Questions and Answers

By attending our Joint Replacement Education, you can get your questions answered, and learn more than you ever expected:

- The right time to consider a joint replacement
- How best to prepare for surgery
- How exercises done prior to surgery can benefit your post-surgical recovery
- Equipment and home modification ideas that will help prepare for your return
- Rehabilitation options available following your surgery
- What to expect from your physician, nurses and therapists before and after your surgery
- The benefits of electing to have a joint replacement

Return to Independence

We offer procedures that can help you restore your movement and regain your enjoyment of life. Many individuals who have undergone joint replacement have experienced major benefits including:

- **Decreased pain**
- **Increased function**
- **Increased activity level**
- **Return to previous level of independence**

In the Joint Replacement Education program, we describe how joint replacement can provide benefit to your life, and answer all your questions about risks, preparation, and what to expect.

You Are What Matters Most

With our Joint Replacement Education program, we give you the most current information to assist you in making educated decisions about your return to an active life. We do this because when it comes to your health, you are what matters most.



To learn more about the Joint Replacement Education program, please call 724.846.8200.